

ACNE: Pimples.

DATE 4/12/12

Name :→ Dr. Poonam Bhamhani

Name of Disease - Acne.

Duration of Illness - Last 4-5 years.

Duration of Treatment - 4 years.

I have had skin complaints on & off from last 4-5 years. Conventional medicines offered rapid relief but an equally rapid return of symptoms. After consultation with Dr. Mehra, I understand that homeopathy heals the root cause, the result of which is the disappearance of symptoms. It has helped me tremendously with a number of problems big & small, including acne, headache & stomach ache.

I never thought homeopathy would really help much or even do anything. To be honest, now that it has, I can honestly say that my life really has changed for the better & I feel in myself that I am an altogether happier, healthier & more confident person with a better understanding of my body.

Treatment Method & Technique :→

Dr. Mehra's Mantra :→ Next page

A balanced diet with appropriate timings, regular exercise & a proper amount of sleep has helped me in a long way in maintaining the good state of health.

Dr. Mehra is not a physician & the relationship between Dr. Mehra & his clients is not of doctor & patient but as educator & client. It is fully client's choice whether or not to take advantage of the information Dr. Mehra presents. Homeopathy doesn't "treat" an illness, it addresses the entire person as a matter of wholeness that is an educational process, not a medical one. In order to be treated or diagnosed, Dr. Mehra believes that the advice of a holistic physician is an order.

Moreover, Dr. Mehra is very easy to talk & an excellent listener. I have often hung him up with queries about my health & with descriptions of symptoms I may be experiencing.

Dr. Mehra

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Seems to always have an answer that makes total sense to my situation whilst also leaving me feeling motivated & positive about my recovery.

Last but not the least, the power of homeopathy is astonishing.

Additionally,

Role of Compouder = Co-operative (both personally & telephonic conversation)

Message to other patients = Have faith, patience & discipline, homeopathy "works".

Fee Structure = Particulars. (monthly basis).

Regards,

Poonam Bhamhani.

Dr. Poonam Bhamhani.
(Psychologist)